

## **Dr. Jon Shepard, PhD, Clinical Psychologist**

Dr. Jon Shepard provides formal psychological assessments for adults, children and adolescents. Dr. Shepard is a Licensed Psychologist and a Licensed Specialist in School Psychology and previously worked with school districts in North Texas as a school psychologist for 10 years before going into private practice at Lake Worth Counseling.

Dr. Shepard offers comprehensive assessments for learning disabilities, IQ, attention-deficit hyperactivity disorder (ADHD), autism spectrum disorder, mood and bipolar disorders, psychotic disorders and dual diagnoses. He will meet face-to-face with adults and families and provide a quality, comprehensive written report including treatment recommendations for home, school, work and other activities.

### **Psychological and Psychoeducational Evaluations:**

**Full Psychological Evaluation:** This includes cognitive, emotional and personality testing, and provides in-depth information on an individual's functioning in all three of these areas. A full psychological evaluation can be an invaluable resource for providing diagnostic clarification and treatment recommendations.

**Abbreviated Psychological Evaluation:** This includes emotional and personality testing, and provides in-depth information on an individual's functioning in both of these areas. It is useful to help understand what a person is thinking and feeling, their underlying personality structure, coping skills or areas of weakness in coping, and why a person behaves as he or she does. If previous cognitive testing exists, or if it seems fairly certain that cognitive limitations do not bear on the case, an abbreviated psychological evaluation can be an invaluable resource for providing diagnostic clarification and treatment recommendations.

**AD/HD Assessment:** This includes AD/HD testing that may be combined with full IQ test, clinical interviewing, play based observation, and rating scales.

**Autism Evaluation:** The autism evaluation is a comprehensive evaluation and typically includes administration of the ADOS-2, especially with younger children. Testing may include additional measures and differential diagnoses (e.g., IQ, Achievement, Adaptive Behavior).

**Psychoeducational Evaluation:** This includes IQ test and Achievement tests, which will provide in-depth information on several factors of intelligence (such as factual knowledge, short-term memory, abstract reasoning, visual-spatial abilities, and common sense), academic strengths and weaknesses, mastery of specific subjects, and the presence of a learning disability (e.g., specific learning disorders, dyslexia, cognitive impairments).

**School Consultation:** School consultation is designed to assist in identifying a child’s educational and behavioral needs at school and developing and implementing a plan to meet those needs. We may observe your child at school and/or talk with your child’s teacher to assess concerns. Dr. Shepard can meet with you and your child’s teacher to discuss classroom interventions and accommodations and attend formal meetings with parents at their child’s school (such as IEP or 504 meetings).

**Testing Visits – What Can I Expect?**

An initial session is scheduled to meet with Dr. Jon Shepard for testing services. This visit will include an initial interview as well as face-to-face testing sessions that may last up to two (2) hours in length. Follow-up visits may be scheduled according to the hours needed to complete a full psychological assessment for you or your child. These sessions will be scheduled at a time convenient for you.

Time included for completion of the evaluation includes the initial consultation, one-on-one testing, scoring, interpretation, written report and feedback session. All reports contain individualized recommendations based on strengths and weaknesses of each person.

**Psychological Testing Fees:**

Our patient coordinator will review the testing process and fees with you, including providing you with a written estimate, before scheduling your testing appointment. If you choose to access your insurance plan, benefits must be verified before any psychological services are scheduled. If we do not accept your insurance plan, we can provide you with a superbill that you may submit to your insurance company for out-of-network reimbursement. For in-network plans (Aetna, BS&W, BCBS, Cigna, Optus/United, Magellan, and Tricare) your insurance may cover a portion of the total cost of testing which means you may have an out-of-pocket expense to be paid up front.

**Adult ADHD Assessment \$800.00;**  
With IQ/Cognitive **\$1050.00**  
**(typically, not covered by insurance)**

**Child ADHD Assessment \$800.00;**  
With IQ/Cognitive **\$1050.00**

**Adult Psychological Assessments \$1890.00**

**Child Psychological Assessment \$1890.00**

**Autism Psychological Assessment (adult or child) \$2295.00**

Psychological Testing Service Details – <b>ESTIMATE ONLY</b>	Service Fees
<b>1. PSYCHOLOGICAL TESTING BY PSYCHOLOGIST</b>	
Cost of Psychological Evaluation	
Amount that will be billed to your insurance company	
Amount insurance may pay (insurance portion)	<\$ >
Patient Responsibility (co-pays, deductible, co-insurance) *	
Patient Responsibility (non-billable and non-payable expenses)	
<b>TOTAL PATIENT RESPONSIBILITY AMOUNT:</b>	

\_\_\_\_\_ (initial) **Patient Responsibility (\*co-pays, deductible, co-insurance)** is based on the insurance billed amount and what my out-of-pocket portion shall be. I understand I am responsible for this amount which shall be paid directly to LWC.

\_\_\_\_\_ (initial) **Patient Responsibility** is based on testing procedures that are **non-billable and not payable by insurance**. Insurance does **NOT** allow for or limits certain procedures or diagnosis (ADHD, basic mental health diagnosis, parent interviews, report writing, teacher assessments etc.). I understand I am responsible for this amount which my insurance will not cover. I shall contact my insurance company directly if I have any questions about the type of billable services my insurance company will allow.

\_\_\_\_\_ (initial) I have read and understand the information provided to me regarding psychological testing fees and services is an estimate only. Insurance benefits, coverage for testing procedures and additional testing procedures may determine my total out-of-pocket expenses.

\_\_\_\_\_ (initial) Your insurance company shall be billed directly by LWC; however, it is not a guarantee that insurance will pay for all of the testing or assessment services performed by Dr. Shepard. Any denied services by your insurance company are fully the client's responsibility and payable in full before the final results session and release of report.

\_\_\_\_\_ (initial) We require a **50% deposit prior to scheduling and the remaining balance is due at the final report session**. Payment in full is required prior to release of your psychological report by Dr. Jon Shepard.

\_\_\_\_\_ (initial) We do not offer refunds after initial testing has begun or after any take-home testing materials have been released to you or another professional for evaluation/testing purposes. Any deposit made on your account will be forfeited if you do not complete the testing within a 30-day period.

\_\_\_\_\_ (initial) Payment may be made by cash or credit card and is due in full at the final feedback session.

\_\_\_\_\_ (initial) I understand additional testing or evaluation may be recommended in some cases and client shall be notified prior to completion of services for approval.

\_\_\_\_\_ Typically, a 2-hour testing time slot will be scheduled for initial testing. If you are unable to attend your scheduled appointment for any reason, please notify us at least **48 hours in advance** otherwise a \$135.00 fee will be charged for a late cancellation appointment or a 'no-show' appointment.