

Dr. Jon Shepard, PhD, Clinical Psychologist (updated 4/1/2020)

Dr. Jon Shepard provides formal psychological assessments for **adults, children and adolescents**. Dr. Shepard is a **Licensed Psychologist** and a **Licensed Specialist in School Psychology** and previously worked with school districts in North Texas as a school psychologist for 10 years before going into private practice at Lake Worth Counseling since 2014.

Dr. Jon Shepard offers comprehensive assessments for a variety of mental health diagnosis including **learning disabilities, IQ, attention-deficit hyperactivity disorder (ADHD), autism spectrum disorder, mood and bipolar disorders, psychotic disorders and dual diagnoses**. He will meet face-to-face with adults and families and provide a quality, comprehensive written report including treatment recommendations for home, school, work and other activities.

Psychological and Psychoeducational Evaluations:

Full Psychological Evaluation: This includes cognitive, emotional and personality testing, and provides in-depth information on an individual's functioning in all three of these areas. A full psychological evaluation can be an invaluable resource for providing diagnostic clarification and treatment recommendations.

Abbreviated Psychological Evaluation: This includes emotional and personality testing, and provides in-depth information on an individual's functioning in both of these areas. It is useful to help understand what a person is thinking and feeling, their underlying personality structure, coping skills or areas of weakness in coping, and why a person behaves as he or she does. If previous cognitive testing exists, or if it seems fairly certain that cognitive limitations do not bear on the case, an abbreviated psychological evaluation can be an invaluable resource for providing diagnostic clarification and treatment recommendations.

AD/HD Assessment: This includes AD/HD testing that may be combined with full IQ test, clinical interviewing, play based observation, and rating scales.

Autism Evaluation: The autism evaluation is a comprehensive evaluation and typically includes administration of the ADOS-2, especially with younger children. Testing may include additional measures and differential diagnoses (e.g., IQ, Achievement, Adaptive Behavior).

Psychoeducational Evaluation: This includes IQ test and Achievement tests, which will provide in-depth information on several factors of intelligence (such as factual knowledge, short-term memory, abstract reasoning, visual-spatial abilities, and common sense), academic strengths and weaknesses, mastery of specific subjects, and the presence of a learning disability (e.g., specific learning disorders, dyslexia, cognitive impairments).

School Consultation: School consultation is designed to assist in identifying a child's educational and behavioral needs at school and developing and implementing a plan to meet those needs. We may observe your child at school and/or talk with your child's teacher to assess concerns. Dr. Shepard can meet with you and your child's teacher to discuss classroom interventions and accommodations and attend formal meetings with parents at their child's school (such as IEP or 504 meetings).

Testing Visits – What Can I Expect?

An initial session is scheduled to meet with Dr. Jon Shepard for testing services. This visit will include an initial interview as well as face-to-face testing sessions that may last up to two (2) hours in length. Follow-up visits may be scheduled according to the hours needed to complete a psychological assessment for you or your child. These sessions will be scheduled at a time convenient for you. Time included for completion of the evaluation includes the initial consultation, one-on-one testing, scoring, interpretation, written report and feedback session. All reports contain individualized recommendations based on strengths and weaknesses of each person.

Psychological Testing Fees:

Our Office Administrator will review the testing process and fees with you, including providing you with a **detailed written estimate**, before scheduling your testing appointment. If you choose to access your insurance plan, benefits must be verified before any psychological services are scheduled.

Psychological Reports may range from \$850.00 for an adult ADHD report to \$3000. for a Comprehensive Psychological Evaluation. For in-network plans (Aetna, Baylor Scott & White, BCBS, Cigna, Optum/United Healthcare, Meritain, Magellan, and Tricare) your insurance may cover a portion of the total cost of testing which means you may have an out-of-pocket expense to be paid up front. Hourly rate varies from \$140.00 to \$225.00 for Dr. Jon Shepard. If we do not accept your insurance plan, we can provide you with a superbill that you may submit to your insurance company for out-of-network reimbursement. **A deposit of 50% of the cost (patient portion) of the evaluation and report is required before any testing is scheduled with Dr. Shepard.**